

The Trinity Centre for Ageing and Intellectual Disability
and the Global Brain Health Institute present...

Brain Buzzers

Your brain is amazing!

We've started the Brain Buzzers Club in order to learn more about how to keep your brain healthy and we would love for you to join us.

We will call you to talk about brain stuff like getting the right food, sleeping well, good mental health and taking exercise.

We want to hear your opinion about the research we're doing. We will ask your advice to help make our research better.

We will also play a few brain games too.



Brain Buzzers is run
with support from
Down Syndrome
Ireland,
Alzheimer's Society
of Ireland and
Trinity Equality Fund

To find out more about Brain Buzzers,
email Eimear on mcgline@tcd.ie