

Leinster

Name:	Sheila Haskins	
Location of services offered:	57 Charlotte Grove, Gorey, Co. Wexford. Y25WP44	
Tel:	086 8472727	
Email:	info@goreycounsellingservices.com	
Website:	www.goreycounsellingservices.com	
Professional Membership:	IACP (Irish Association of Counselling & Psychotherapy)	
Fee per session:	€60	
Length of session:	1 hour	
Qualifications:	B.A. (Hons.) Counselling & Psychotherapy M.A. in Sexuality Studies	
Counselling services offered to:	Children:	Yes
	Teenagers:	Yes
	Adults:	Yes
	Couples:	y
	Other	
Therapeutic Approach:	Humanistic Integrative Approach	
Therapeutic services	Integrative Bodywork Mindfulness C.B.T Solution Focused Sandtray therapy	
Experience in offering:	Counselling for parents of children with Down syndrome	Yes
	Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome	
	Counselling for new parents who have recently had a baby with Down syndrome	Yes
	Counselling for children with Down syndrome	
	Counselling for teenagers with Down syndrome	
	Counselling for adults with Down syndrome	
Other relevant information:		

Name:	Anne Quinn	
Location of services offered:	Dublin 5 (Home Service)	
Tel:	085 7424964	
Email:	annemajella0@gmail.com	
Website:		
Professional Membership:	IACP	
Fee per session:	€35	
Length of session:	50-60 minutes	
Qualifications:	IACP Diploma Art therapy and Counselling. B.A Degree Humanities. QQI Level 6 Disability Practices Positive Behavioural Supports.	
Counselling services offered to:	Children:	Yes
	Teenagers:	Yes
	Adults:	Yes
	Couples:	Yes
	Other	Staff or other carers
Therapeutic Approach:	Person-centred, compassion based and integrated therapies.	
Therapeutic services	Art Psychotherapy and Counselling specialising in Communication and Learning Difficulties. Bereavement and Loss. Anxiety and Stress. Safeguarding. Identity. Cultural Issues. Self-Development. Advocacy. Behaviour issues. Relationships Transitions. Caring for the Carer. Asperger's Syndrome. Autism. Mental Health disorders and Dementia.	
Experienced in offering:	Counselling for parents of children with Down syndrome	Yes
	Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome	
	Counselling for new parents who have recently had a baby with Down syndrome	
	Counselling for children with Down syndrome	
	Counselling for teenagers with Down syndrome	Yes
	Counselling for adults with Down syndrome	Yes
Other relevant information:	Experienced social care worker in training, social inclusion and supported living in various intellectual disability services.	

Name:	Lyn Duff	
Location of services offered:	Johnstown Therapy Centre, Johnstown Rd, Cabinteely (or home visits in exceptional circumstances)	
Tel:	089 425 9911	
Email:	lyncounselling@gmail.com	
Website:	www.care-counselling.weebly.com	
Professional Membership:	IACP	
Fee per session:	€40-60 depending on financial circumstances	
Length of session:	50-60 min	
Qualifications:	BA Integrative and Humanistic Counselling & Psychotherapy Diploma General Nursing (SA)	
Counselling services offered to:	Children:	No
	Teenagers:	15 years+
	Adults:	Yes
	Couples:	
	Other	Groups consisting of family/friends/carers
Therapeutic Approach:	Practical, solution-focused - looking at specific problems & possible solutions/techniques; client-centred, supportive - exploring situations, feelings and thoughts; mindfulness; short-term counselling; family/group work, amongst many other approaches and techniques.	
Therapeutic services	One-to-one, couples/siblings/family members/small groups, if required. Sessions involve a combination of supportive work and exploring coping techniques, as well as information sharing. Strong emphasis placed on helping people to mind themselves.	
Experienced in offering:	Counselling for parents of children with Down syndrome	No
	Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome	No
	Counselling for new parents who have recently had a baby with Down syndrome	No
	Counselling for children with Down syndrome	No
	Counselling for teenagers with Down syndrome	No
	Counselling for adults with Down syndrome	No
Other relevant information:		

Name:	Rosaleen Mahon		
Location of services offered:	2 nd Floor Whelehans Chemist, Pearse St.Mullingar, Co.Westmeath Circle of life, Roscommon Rd, Athlone, Co.Westmeath Rosael, Ballinrud East, Granard, Co.Longford		
Tel:	087 7634413		
Email:	rosaleenmahon@gmail.com		
Website:			
Professional Membership:	IACP		
Fee per session:	60euro		
Length of session:	50min		
Qualifications:	Postgrad in Clinical Supervision Trinity College Dublin Diploma Counselling and Psychotherapy Trinity College Dublin		
Counselling services offered to:	Children:		
	Teenagers:	Yes	
	Adults:	Yes	
	Couples:		
	Other		
Therapeutic Approach:	Humanistic, Reality Emotive Behaviour Therapy Integrative approaches,		
Therapeutic services	Counselling, Mindfulness, Breathwork, Facilitator of 'Wellness Recovery Action Planning Programme' Trained & Experienced in Facilitating 'Relationships & Sexuality' for groups with Intellectual Disability Counselling - Psycho-oncology Work in Disability Sector with Rehab Group PT- Rehabilitation Officer		
Experienced in offering:	Counselling for parents of children with Down syndrome	Yes	
	Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome	No	
	Counselling for new parents who have recently had a baby with Down syndrome	Yes	
	Counselling for children with Down syndrome	No	
	Counselling for teenagers with Down syndrome	Yes	
	Counselling for adults with Down syndrome	Yes	
Other relevant information:	Worked in the disability sector for eighteen years.		

Name:	Clare O’Nolan		
Location of services offered:	Wicklow Town & Greystones, Co.Wicklow		
Tel:	086 1072504		
Email:	info@counsellingforcarers.com		
Website:	www.counsellingforcarers.com		
Professional Membership:	IACP accredited		
Fee per session:	€50-60		
Length of session:	1 hour		
Qualifications:	Diploma in Counselling & Psychotherapy.		
Counselling services offered to:	Children:	No	
	Teenagers:	Yes	
	Adults:	Yes	
	Couples:	No	
	Other		
Therapeutic Approach:	Person-centred, Cognitive Behaviour Therapy		
Therapeutic services	Counselling for anxiety, depression, grief, loss and bereavement, anger management. Self-care including mindfulness. Specialist area: challenges facing carers of people with long-term special needs.		
Experienced in offering:	Counselling for parents of children with Down syndrome	Yes	
	Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome	No	
	Counselling for new parents who have recently had a baby with Down syndrome	No	
	Counselling for children with Down syndrome	No	
	Counselling for teenagers with Down syndrome	No	
	Counselling for adults with Down syndrome	No	
Other relevant information:			

Name:	Mary Elizabeth Byrne		
Location of services offered:	Dundalk, Co. Louth		
Tel:	087 2861062		
Email:	Byrnelly60@gmail.com		
Website:			
Professional Membership:	IACP		
Fee per session:	€60		
Length of session:	1 hour		
Qualifications:	Accredited psychotherapist, art therapist, addiction counsellor		
Counselling services offered to:	Children:		
	Teenagers:	Yes	
	Adults:	Yes	
	Couples:		
	Other		
Therapeutic Approach:	Humanistic, non- directive		
Therapeutic services	One to one counselling Art therapy Reiki healing		
Experienced in offering:	Counselling for parents of children with Down syndrome	Yes	
	Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome		
	Counselling for new parents who have recently had a baby with Down syndrome	Yes	
	Counselling for children with Down syndrome		
	Counselling for teenagers with Down syndrome		
	Counselling for adults with Down syndrome		
Other relevant information:			

Name:	Mary Stammers		
Location of services offered:	Ballycullen Road, Dublin 24		
Tel:	087 618 2854		
Email:	marystammers@gmail.com		
Website:	www.counsellingandpsychotherapywork.com		
Professional Membership:	IACP		
Fee per session:	€60		
Length of session:	50 minutes		
Qualifications:	Diploma in Counselling and Psychotherapy, BSc (Hons) Degree in Counselling and Psychotherapy		
Counselling services offered to:	Children:		
	Teenagers:		
	Adults:	Yes	
	Couples:	Yes	
	Other		
Therapeutic Approach:	Humanistic, Integrative, Rogerian and Choice theory		
Therapeutic services			
Experienced in offering:	Counselling for parents of children with Down syndrome		
	Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome	Yes	
	Counselling for new parents who have recently had a baby with Down syndrome		
	Counselling for children with Down syndrome		
	Counselling for teenagers with Down syndrome		
	Counselling for adults with Down syndrome		
Other relevant information:			

Name:	Susie Kelly		
Location of services offered:	ANU, 11, Herbert Place (near Baggot Street bridge), Dublin 2 and The Lighthouse Clinic, Swords		
Tel:	085 1058317		
Email:	susiekelly10@hotmail.com		
Website:			
Professional Membership:	Irish Association for Counselling and Psychotherapists (IACP)		
Fee per session:	€60 individual, €100 per couple		
Length of session:	60 minutes		
Qualifications:	BA(Hons) Counselling and Psychotherapy		
Counselling services offered to:	Children:		
	Teenagers:		
	Adults:	Yes	
	Couples:	Yes	
	Other	Siblings, grandparents etc	
Therapeutic Approach:	Integrative approach based on Person-Centred Counselling, Choice Theory and incorporating other appropriate approaches e.g solution-focused		
Therapeutic services	Individual counselling (adults)		
Experienced in offering:	Counselling for parents of children with Down syndrome		
	Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome		
	Counselling for new parents who have recently had a baby with Down syndrome		
	Counselling for children with Down syndrome		
	Counselling for teenagers with Down syndrome		
	Counselling for adults with Down syndrome		
Other relevant information:	Also a qualified Occupational Therapist		

Name:	Cecilia Keogh	
Location of services offered:	Naas Co. Kildare	
Tel:	087 3127277	
Email:	ceciliakeogh4@gmail.com	
Website:		
Professional Membership:	MIACP Registered with An Bord Altranais	
Fee per session:	€50 - €60 depending on circumstances	
Length of session:	55 minutes	
Qualifications:	BA(HONS) Integrative Counselling and Psychotherapy Certificate in Child and Adolescent counselling Registered General Nurse	
Counselling services offered to:	Children:	
	Teenagers:	Yes
	Adults:	Yes
	Couples:	
	Other	
Therapeutic Approach:	Integrative: Person centred, CBT, Reality Therapy	
Therapeutic services	General counselling and psychotherapy. Special interest in health related issues due to nursing background. Clients experiencing postnatal depression. Counselling people who are experiencing suicide ideation or using self harm. Working with adolescents and providing support and mentoring to parents. Working with clients with an intellectual disability.	
Experienced in offering:	Counselling for parents of children with Down syndrome	Yes
	Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome	
	Counselling for new parents who have recently had a baby with Down syndrome	
	Counselling for children with Down syndrome	
	Counselling for teenagers with Down syndrome	
	Counselling for adults with Down syndrome	
Other relevant information:		

Name:	Samantha Doyle	
Location of services offered:	Saggart, City West, Rathcoole & Knocklyon	
Tel:	089 437 3611	
Email:	samanthadoyle588@gmail.com	
Website:	http://counsellorfor.me	
Professional Membership:	IACP	
Fee per session:	€50 adults one to one & teenagers/children. €70 family & couples	
Length of session:	55 minutes (Knocklyon) 1 hour (Saggart,Rathcoole & CityWest).	
Qualifications:	BA (Honours) Degree integrative counselling& psychotherapy (Adults) & Certified child & adolescent play therapist & teenage counselling special needs assistant level 6 (Fetac)	
Counselling services offered to:	Children:	play therapy
	Teenagers:	play therapy & counselling & psychotherapy
	Adults:	counselling & psychotherapy individual one to one sessions
	Couples:	relationship counselling/marriage counselling/specific using solution focused therapy.
	Other	family therapy, counselling for recovery from painful relationships and narcissistic abuse. Addiction counselling
Therapeutic Approach:	Integrative approach includes person centred therapy, cognitive behavioural therapy (CBT), choice theory solution focused therapy	
Therapeutic services	Play therapy for children from age 6yrs to 12yrs. teenage counselling. Adults- one to one individual counselling for issues including Anger issues. Addiction, Anxiety, Panic attacks, stress, PTSD, Depression, Borderline Personality Disorder. Feeling stuck, overcoming Fears, low self-esteem. Recovery from painful or narcissistic abusive relationships. Relationship counselling with the aim of learning better communication and finding solutions for issues	
Experienced in offering:	Counselling for parents of children with Down syndrome	Yes
	Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome	
	Counselling for new parents who have recently had a baby with Down syndrome	
	Counselling for children with Down syndrome	
	Counselling for teenagers with Down syndrome	
	Counselling for adults with Down syndrome	
Other relevant information:		

Name:	Lorraine Jenkins													
Location of services offered:	Suite 15, Block C, The Osprey Conference Centre, Devoy Quarter, Naas, Co. Kildare													
Tel:	0877427267													
Email:	info@lorrainejenkins.org													
Website:	www.lorrainejenkins.org													
Professional Membership:	Fully Accredited Member and Supervisor with IACP													
Fee per session:	60 to 80 euro dependant on availability and ability to pay.													
Length of session:	45 to 50 min in duration													
Qualifications:	MSc. (Hons) in Bereavement Studies; BSc (Hons) in Counselling and Psychotherapy; Post Grad Cert in Child and Adolescent Studies; Post Grad Cert in third wave Mindfulness based CBT and MBSRT Techniques; Post Grad Dip in Cross Professional Supervision													
Counselling services offered to:	<table border="1"> <tr> <td>Children:</td> <td></td> </tr> <tr> <td>Teenagers:</td> <td></td> </tr> <tr> <td>Adults:</td> <td>Yes</td> </tr> <tr> <td>Couples:</td> <td>Yes</td> </tr> <tr> <td>Other</td> <td></td> </tr> </table>		Children:		Teenagers:		Adults:	Yes	Couples:	Yes	Other			
Children:														
Teenagers:														
Adults:	Yes													
Couples:	Yes													
Other														
Therapeutic Approach:	Humanistic, Person Centred Approach													
Therapeutic services	Bereavement and Grief Work. Crisis Intervention; Trauma Work; Mindfulness based Stress reduction techniques; Assertiveness training and Conflict Management. Self Care in relation to Stress and Stress Management. Communication Styles and Parenting.													
Experienced in offering:	<table border="1"> <tr> <td>Counselling for parents of children with Down syndrome</td> <td>Yes</td> </tr> <tr> <td>Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome</td> <td>Yes</td> </tr> <tr> <td>Counselling for new parents who have recently had a baby with Down syndrome</td> <td>Yes</td> </tr> <tr> <td>Counselling for children with Down syndrome</td> <td></td> </tr> <tr> <td>Counselling for teenagers with Down syndrome</td> <td></td> </tr> <tr> <td>Counselling for adults with Down syndrome</td> <td></td> </tr> </table>		Counselling for parents of children with Down syndrome	Yes	Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome	Yes	Counselling for new parents who have recently had a baby with Down syndrome	Yes	Counselling for children with Down syndrome		Counselling for teenagers with Down syndrome		Counselling for adults with Down syndrome	
Counselling for parents of children with Down syndrome	Yes													
Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome	Yes													
Counselling for new parents who have recently had a baby with Down syndrome	Yes													
Counselling for children with Down syndrome														
Counselling for teenagers with Down syndrome														
Counselling for adults with Down syndrome														
Other relevant information:	Runs a crisis intervention service with Kildare Youth Services, working with family and young people between the ages of 11 to 25, including young people with Down syndrome.													

Name:	Johnny Moran, Clinical Director, Open Minds Centre	
Location of services offered:	Open Minds Centre, 'Ardeen Mews', rere 10/11 Marine Terrace, Dun Laoghaire, Co. Dublin	
Tel:	01 902 5020 / 086 189 3865	
Email:	info@openmindscentre.ie	
Website:	www.openmindscentre.ie	
Professional Membership:	IAHIP, ICP, IACP, EMDR UK & Ireland, NGH, BISS Accredited with IAHIP, ICP, IACP, Accredited EMDR Europe Practitioner	
Fee per session:	€80 per hour / €120 per 90 minutes	
Length of session:	One hour / 90 minutes	
Qualifications:	MA Integrative Psychotherapy H.Dip Counselling Psychotherapy EMDR Levels 1,2, & 3 EMDR Levels 1 & 2 Child and Adolescent Diploma in Sports Psychology Professional Certificate in Advanced CBT Certified Hypnotherapist (NGH) Solution Focused Brief Therapy	
Counselling services offered to:	Children:	Yes
	Teenagers:	Yes
	Adults:	Yes
	Couples:	Yes
	Other	Psychodrama Group Therapy
Therapeutic Approach:	Integrative & Humanistic, Psychodynamic, Gestalt, Existential, CBT, Hakomi	
Therapeutic services	Psychotherapy / Counselling, EMDR trauma therapy, Jungian Sandplay therapy, Clinical Hypnotherapy, CBT	
Experienced in offering:	Counselling for parents of children with Down syndrome	Yes
	Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome	Yes
	Counselling for new parents who have recently had a baby with Down syndrome	Yes
	Counselling for children with Down syndrome	Yes
	Counselling for teenagers with Down syndrome	Yes
	Counselling for adults with Down syndrome	Yes
Other relevant information:		

Name:	Jade Bardon											
Location of services offered:	Multyfarmham, Co, Westmeath. N91 RX31 15 mins from Mullingar Hospital. Private setting											
Tel:	087 7989897											
Email:	jadebardoncounselling@gmail.com											
Website:	www.jadebardon.ie											
Professional Membership:	Irish Association of Counsellors and Psychotherapists – IACP											
Fee per session:	Payment on request											
Length of session:	50mins											
Qualifications:	<p>MA in integrative Child & adolescent psychotherapy (IICP) BA (Hons) in integrative counselling & psychotherapy Diploma in integrative counselling & psychotherapy Diploma in Person centred Dementia Care. Certificate in integrative counselling & psychotherapy Certificate in integrative child & adolescent psychotherapy. Professional certificate in Family Therapy. Certificate in Body Psychotherapy. Certificate in Bereavement & Loss. Post Grad Certificate in Children's Bereavement & Loss</p> <p>CPD</p> <p>Child protection training (HSE) ASIST MHFA Managing Behaviours that challenge. First aid and CPR trained. ECDL Full clean driving license.</p>											
Counselling services offered to:	<table border="1"> <tr> <td>Children:</td> <td>Yes</td> </tr> <tr> <td>Teenagers:</td> <td>Yes</td> </tr> <tr> <td>Adults:</td> <td>Yes</td> </tr> <tr> <td>Couples:</td> <td>Yes</td> </tr> <tr> <td>Other</td> <td></td> </tr> </table>	Children:	Yes	Teenagers:	Yes	Adults:	Yes	Couples:	Yes	Other		
Children:	Yes											
Teenagers:	Yes											
Adults:	Yes											
Couples:	Yes											
Other												
Therapeutic Approach:	Rooted in a person-centred approach, I've been trained as an integrated Psychotherapist. For that reason, I offer a bespoke approach, as no one client is the same, the approach must be tailor made. I use Person-centred in a collaborative way, I pull from CBT, family systemic & body psychotherapy. I work a lot with creative approaches, sand, art, clay to offer the client an empowering approach to resolving issues.											
Therapeutic services (please state the services you offer, including any specialist areas):	Counselling, Psychotherapy, Play Psychotherapy, Sand tray therapy, and family/parent support. Various workshops/training on specific current topics. Specialising in working with younger children, teens & families through the use of play and creative mediums. Currently working in the area of suicide & self-harm behaviours, sexual abuse and complicated grief & loss.											
Down syndrome specific services. Do you have experience in	<table border="1"> <tr> <td>Counselling for parents of children with Down syndrome</td> <td>Yes</td> </tr> <tr> <td>Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome</td> <td>Yes</td> </tr> </table>	Counselling for parents of children with Down syndrome	Yes	Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome	Yes							
Counselling for parents of children with Down syndrome	Yes											
Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome	Yes											

offering:	Counselling for new parents who have recently had a baby with Down syndrome	Yes
	Counselling for children with Down syndrome	Yes
	Counselling for teenagers with Down syndrome	Yes
	Counselling for adults with Down syndrome	No
Other relevant information:		

Name:	Samantha Whelan	
Location of services offered:	Ballymoney, Gorey, Wexford. Y25DX52	
Tel:	085 7764896	
Email:	Samjwhelan5@yahoo.com	
Website:	www.samanthawhelancounselling.ie	
Professional Membership:	IACP	
Fee per session:	€50	
Length of session:	50 minutes	
Qualifications:	BA (hons) Degree in Counselling & Psychotherapy, Diploma in Humanistic Counselling, Certificate in Cognitive Behavioural Therapy, Certificate in Child & Adolescent Counselling	
Counselling services offered to:	Children:	
	Teenagers:	Yes
	Adults:	Yes
	Couples:	
	Other	
Therapeutic Approach:	Person Centred, non-judgemental, solution focused if required for the counselling process.	
Therapeutic services	Adult and Adolescent Counselling service which may cover a range of issues such as, Anxiety, Depression, Work stress, Bullying, Relationship & Marriage break up, Custody issues, bereavement and general counselling.	
Experienced in offering:	Counselling for parents of children with Down syndrome	Yes
	Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome	Yes
	Counselling for new parents who have recently had a baby with Down syndrome	Yes
	Counselling for children with Down syndrome	
	Counselling for teenagers with Down syndrome	
	Counselling for adults with Down syndrome	
Other relevant information:	Parent of adult son with Down syndrome	

Name:	John Harnett														
Location of services offered:	Fairview Therapy Centre, Brighton House, 29 Fairview Strand, Dublin 3														
Tel:	087-6149720														
Email:	harnettjohn1@gmail.com														
Website:	Fairview Therapy Centre														
Professional Membership:	IACP														
Fee per session:	€60														
Length of session:	50 minutes														
Qualifications:	BA Degree, Post Grad Diploma in Conflict and Dispute Resolution Studies, Diploma in Integrative Counselling and Psychotherapy, Diploma in Relational Gestalt Therapy, Certificate in CBT														
Counselling services offered to:	<table border="1"> <tr> <td>Children:</td> <td>yes</td> </tr> <tr> <td>Teenagers:</td> <td>yes</td> </tr> <tr> <td>Adults:</td> <td>yes</td> </tr> <tr> <td>Couples:</td> <td>yes</td> </tr> <tr> <td>Other</td> <td></td> </tr> </table>			Children:	yes	Teenagers:	yes	Adults:	yes	Couples:	yes	Other			
Children:	yes														
Teenagers:	yes														
Adults:	yes														
Couples:	yes														
Other															
Therapeutic Approach:	Integrative approach affirming the inherent value of each individual.														
Therapeutic services	Anxiety, depression, and low self-esteem. Also a therapist with Pieta House with over six years experience of working with people of various ages who have suicidal ideation and or engage in self harm. Extensive experience helping teenagers and young adults in reaching their full potential.														
Experienced in offering:	<table border="1"> <tr> <td>Counselling for parents of children with Down syndrome</td> <td>no</td> </tr> <tr> <td>Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome</td> <td>no</td> </tr> <tr> <td>Counselling for new parents who have recently had a baby with Down syndrome</td> <td>no</td> </tr> <tr> <td>Counselling for children with Down syndrome</td> <td>no</td> </tr> <tr> <td>Counselling for teenagers with Down syndrome</td> <td>no</td> </tr> <tr> <td>Counselling for adults with Down syndrome</td> <td>no</td> </tr> </table>			Counselling for parents of children with Down syndrome	no	Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome	no	Counselling for new parents who have recently had a baby with Down syndrome	no	Counselling for children with Down syndrome	no	Counselling for teenagers with Down syndrome	no	Counselling for adults with Down syndrome	no
Counselling for parents of children with Down syndrome	no														
Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome	no														
Counselling for new parents who have recently had a baby with Down syndrome	no														
Counselling for children with Down syndrome	no														
Counselling for teenagers with Down syndrome	no														
Counselling for adults with Down syndrome	no														

Other relevant information:	

Name:	Fintan Davitt		
Location of services offered:	Rush, County Dublin		
Tel:	0879581504		
Email:	fintand@eircom.net		
Website:			
Professional Membership:	Irish Association of Counselling and Psychotherapy		
Fee per session:	€60		
Length of session:	50 minutes		
Qualifications:	BA (Hons) Counselling and Psychotherapy		
Counselling services offered to:	Children:		
	Teenagers:	Yes	
	Adults:	Yes	
	Couples:		
	Other		
Therapeutic Approach:	Humanistic approach, solution focused and CBT strategies. Also work with deep rooted issues being presented, e.g. Loss, Trauma, Identity issues, Anxiety, Stress, Self Esteem, etc.		
Therapeutic services	Work with clients who have experienced child abuse, ADD/ADHD, Addiction(s), Anxiety, Bereavement, Child Related Issues, Cultural Issues, Depression, Disability, Health Related Issues, Mental Health Issues, Obsessions, OCD, Post-Traumatic Stress, Redundancy, Relationships, Self Esteem, Self-Harm, Sexual Identity, Spirituality, Suicide, Work Related Issues.		
Experienced in offering:	Counselling for parents of children with Down syndrome	Yes	
	Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome		
	Counselling for new parents who have recently had a baby with Down syndrome		

	Counselling for children with Down syndrome	
	Counselling for teenagers with Down syndrome	Yes
	Counselling for adults with Down syndrome	
Other relevant information:	Previously worked as a Social Care with teenagers with Down syndrome.	
Name:	Grace Roucaud MIACP	
Location of services offered:	New Ross, Co. Wexford.	
Tel:	0876385907	
Email:	graceroucaud@gmail.com	
Website:		
Professional Membership:	Irish Association for Counselling and Psychotherapy	
Fee per session:	50 Euro	
Length of session:	One hour	
Qualifications:	Higher Diploma In Counselling (Level 8) Marriage and Relationship, St. Patrick's College, Maynooth, 2013; Certificate of attendance in Self-harm, H.S.E, 2017: Certificate of attendance in Mindfulness and CBT applications in Adolescent Counselling	
Counselling services offered to:	Children:	
	Teenagers:	Yes
	Adults:	Yes
	Couples:	Yes
	Other:	Carers, elderly and dysfunctional / abusive relationships
Therapeutic Approach:	Person-centred, CBT, solution focussed therapy, mindfulness and psycho-dynamic and humanistic.	
Therapeutic services	Therapeutic counselling service (one to one) to adults, teens and couples for anxiety, bereavement, depression, general counselling personal development, relationships, self-esteem, self-harm, stress and trauma.	
Experienced in offering:	Counselling for parents of children with Down syndrome	yes
	Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome	yes
	Counselling for new parents who have recently had a baby with Down syndrome	yes
	Counselling for children with Down syndrome	
	Counselling for teenagers with Down syndrome	

	Counselling for adults with Down syndrome		
Other relevant information:			

Name:	Eugene Mc Hugh		
Location of services offered:	Rosebank, Herbert Road, Bray, Co Wicklow		
Tel:	087 135 7891		
Email:	info@wicklowcounsellingservice.ie		
Website:	www.wicklowcounsellingservice.ie		
Professional Membership:	IACP, EACac		
Fee per session:	€70		
Length of session:	60 mins		
Qualifications:	Diploma in Integrative Counselling, BA(Hons) Humanistic and Integrative Psychotherapy, Cert in Addiction Studies, Dip Clinical Mindfulness, Post Grad in Body Psychotherapy, Dip Clinical Supervision		
Counselling services offered to:	Children:	No	
	Teenagers:	16 years +	
	Adults:	Yes	
	Couples:	Yes	
	Other		
Therapeutic Approach:	Humanistic and Integrative, Person Centred		
Therapeutic services	Specialising in PTSD, Body Psychotherapy, Mindfulness, and Supervision		
Experienced in offering:	Counselling for parents of children with Down syndrome		
	Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome		
	Counselling for new parents who have recently had a baby with Down syndrome		
	Counselling for children with Down syndrome		
	Counselling for teenagers with Down syndrome		

	Counselling for adults with Down syndrome	
Other relevant information:		

Name:	Mary OMara		
Location of services offered:	8 Leinster Court, Kirwans Lane, Athy, Co.Kildare		
Tel:	862406770		
Email:	mary.omara@hotmail.com		
Website:	http://www.athycounsellingandreflexology.ie/		
Professional Membership:	Accredited member of IACP.		
Fee per session:	€ 60		
Length of session:	One hour		
Qualifications:			
Counselling services offered to:	Children:	Yes	
	Teenagers:	Yes	
	Adults:	Yes	
	Couples:	Yes	
	Other		
Therapeutic Approach:	Mainly Person Centred Integrated Therapies		
Therapeutic services	Addiction Counselling Sexual Violence		
Experienced in offering:	Counselling for parents of children with Down syndrome	No	
	Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome	No	
	Counselling for new parents who have recently had a baby with Down syndrome	No	
	Counselling for children with Down syndrome	No	
	Counselling for teenagers with Down syndrome	No	
	Counselling for adults with Down syndrome	No	

Other relevant information:	
------------------------------------	--

Name:	Diane McDonald		
Location of services offered:	Lucan, Co. Dublin		
Tel:	0862692223		
Email:	info@dianemcdonald.ie		
Website:	www.dianemcdonald.ie		
Professional Membership:	IACP		
Fee per session:	€70-€80		
Length of session:	1 hour		
Qualifications:	Diploma Counselling (Marriage & Relationship) Diploma Clinical Integrative psychotherapy MSc Integrative Counselling & Psychotherapy		
Counselling services offered to:	Children:	No	
	Teenagers:	No	
	Adults:	Yes	
	Couples:	Yes	
	Other		
Therapeutic Approach:	Humanistic and Integrative		
Therapeutic services	General Counselling & Psychotherapy. Specialising in working with couples who may be going through difficult life challenges and Post-Natal Depression.		
Experienced in offering:	Counselling for parents of children with Down syndrome	Yes	
	Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome	Yes	
	Counselling for new parents who have recently had a baby with Down syndrome	Yes	
	Counselling for children with Down syndrome	No	

	Counselling for teenagers with Down syndrome	No	
	Counselling for adults with Down syndrome	No	
Other relevant information:			

Name:	Denis O'Connor		
Location of services offered:	Rathnure, Enniscorthy, Co.Wexford		
Tel:	087 2931783		
Email:	Denisgoconnor@live.ie		
Website:	McCarthy O'Connor Training & Consultancy. MOCT.ie		
Professional Membership:	IACP		
Fee per session:	€60		
Length of session:	1 Hour		
Qualifications:	MA.Supervisory Practice. BSc. Counselling & Psychotherapy		
Counselling services offered to:	Children:		
	Teenagers:		
	Adults:	yes	
	Couples:	yes	
	Other		
Therapeutic Approach:	Person Centred approach		
Therapeutic services	General Counselling Supervision Group Facilitation Workshop Presentation Critical Incident Stress Management		
Experienced in offering:	Counselling for parents of children with Down syndrome	yes	
	Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome		
	Counselling for new parents who have recently had a baby with Down syndrome		

	Counselling for children with Down syndrome	
	Counselling for teenagers with Down syndrome	
	Counselling for adults with Down syndrome	
Other relevant information:		

Name:	Noreen Moran		
Location of services offered:	Fairview, Ashbourne Co Meath		
Tel:	087-6804049		
Email:	noreenmoran05@gmail.com		
Website:			
Professional Membership:	NMBI. IACP		
Fee per session:	Negotiable		
Length of session:	1 hour		
Qualifications:	R.N. Ba (Hons) Counselling and Psychotherapy		
Counselling services offered to:	Children:		
	Teenagers:	Yes	
	Adults:	Yes	
	Couples:		
	Other		
Therapeutic Approach:	Person Centered, Psychodynamic, Solution Focused		
Therapeutic services	Extensive experience in Meditation and Mindfulness		
Experienced in offering:	Counselling for parents of children with Down syndrome	No	
	Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome	No	

	Counselling for new parents who have recently had a baby with Down syndrome	No
	Counselling for children with Down syndrome	No
	Counselling for teenagers with Down syndrome	No
	Counselling for adults with Down syndrome	No
Other relevant information:	Extensive experience working with persons with a disability and their parents	

Name:	Ciaran Mahony	
Location of services offered:	Fairview Therapy Centre, Brighton House, 29 Fairview Strand, Dublin 3	
Tel:	087 9466851 (Appointment Phone), 086 8150799 (Personal Phone)	
Email:	mahony05@gmail.com	
Website:	Fairviewtherapycentre.ie/therapists/ciaranmahony	
Professional Membership:	Irish Association for Humanistic and Integrative Psychotherapy, Irish Association for Counselling and Psychotherapy, Irish Council for Psychotherapy	
Fee per session:	70 euro	
Length of session:	50 minutes	
Qualifications:	Diploma in Humanistic and Integrative Psychotherapy, Higher Diploma in Psychoanalytic Studies. Diploma in Gestalt Therapy, Certificate in Art Therapy Skills. Accredited Supervisor with IAHIP, IACP	
Counselling services offered to:	Children:	
	Teenagers:	
	Adults:	Yes
	Couples:	
	Other	
Therapeutic Approach:	Humanistic and Integrative (Psychodynamic, Person Centred, Gestalt, Arts and Creative Processes)	
Therapeutic services	Over ten years experience working with individuals (Aged 18 plus) on a range of issues: Anxiety, Depression, Obsessions, Life Crises, Sexuality Issues, Relationships, Addictions, Bereavement, Childhood Trauma etc.	
Experienced in offering:	Counselling for parents of children with Down syndrome	Yes
	Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome	Yes

	Counselling for new parents who have recently had a baby with Down syndrome	Yes
	Counselling for children with Down syndrome	
	Counselling for teenagers with Down syndrome	
	Counselling for adults with Down syndrome	
Other relevant information:		
Name:	Maureen Corr	
Location of services offered:	Woolengrange, Thomastown, Co Kilkenny	
Tel:	(087) 4104662 (056) 7727921	
Email:	bandmcorr@eircom.net	
Website:	https://www.maureencorr counselling services.ie	
Professional Membership:	Irish Association of Counsellors and Psychotherapists (IACP)	
Fee per session:	€40	
Length of session:	1 Hour	
Qualifications:	Registered General Nurse, BSc Psychology, Diploma in Counselling & Psychotherapy	
Counselling services offered to:	Children:	
	Teenagers:	Yes
	Adults:	Yes
	Couples:	Yes
	Other	
Therapeutic Approach:	Humanistic integrative approach; combine different therapeutic tools and approaches to fit the needs of the individual client.	
Therapeutic services	General work areas: Stress and Anxiety, Relationship Issues, Depression, Panic Attacks, Addiction, Phobias, Self-Esteem Issues, Identity Issues, Trauma Sleep Disturbance	
Experienced in offering:	Counselling for parents of children with Down syndrome	

	Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome	Yes
	Counselling for new parents who have recently had a baby with Down syndrome	
	Counselling for children with Down syndrome	
	Counselling for teenagers with Down syndrome	Yes
	Counselling for adults with Down syndrome	
Other relevant information:	Experience counselling parents who are expecting a pre-natal diagnosis of Down Syndrome and counselling teenagers with Down Syndrome.	

Name:	JENNY CORRIGAN	
Location of services offered:	WALKINSTOWN, DUBLIN 12 AND BRAY, CO. WICKLOW	
Tel:	085 1317566	
Email:	jennycorrigan102a@yahoo.co.uk	
Website:	www.thenovaracentre.ie	
Professional Membership:	MIACP	
Fee per session:	60-90euro	
Length of session:	1hr	
Qualifications:	BACAP MIACP	
Counselling services offered to:	Children:	
	Teenagers:	
	Adults:	Yes
	Couples:	Yes
	Other	
Therapeutic Approach:	Person Centered	
Therapeutic services		

Experienced in offering:	Counselling for parents of children with Down syndrome	
	Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome	
	Counselling for new parents who have recently had a baby with Down syndrome	
	Counselling for children with Down syndrome	
	Counselling for teenagers with Down syndrome	
	Counselling for adults with Down syndrome	
Other relevant information:		

Name:	Antoinette Patterson	
Location of services offered:	AMB Counselling, Gorey. Co. Wexford. Y25 V6P6	
Tel:	085 1105742	
Email:	amb.counselling@gmail.com	
Website:	ambcounselling.ie	
Professional Membership:	Irish Association of Counselling and Psychotherapy (IACP)	
Fee per session:	€60 Individual / €70 Couple	
Length of session:	50 Mins	
Qualifications:	BA (Hons.) Integrative Counselling and Psychotherapy Practitioners Certificate in Cognitive Behavioural Therapy (CBT) Certificate in Child and Adolescents Counselling and Psychotherapy BA Social Care (Disabilities)	
Counselling services offered to:	Children:	
	Teenagers:	Yes
	Adults:	Yes
	Couples:	Yes
	Other	
Therapeutic Approach:	Integrative Person Centred approach	
Therapeutic services	General Counselling and Psychotherapy (individual and couples), Counselling / Therapy for adults with Down syndrome, Personal	

	Development (young people and adults with Down syndrome), Bereavement, Abuse, Sibling relationships, Behavioural Issues	
Experienced in offering:	Counselling for parents of children with Down syndrome	Yes
	Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome	Yes
	Counselling for new parents who have recently had a baby with Down syndrome	Yes
	Counselling for children with Down syndrome	
	Counselling for teenagers with Down syndrome	Yes
	Counselling for adults with Down syndrome	Yes
Other relevant information:	Over 30 years' experience of working directly with people who have been given a diagnosis of Down Syndrome and with their families.	

Connacht

Name:	Bernie Conway		
Location of services offered:	Galway City.No2 Devon House, The Crescent, Galway		
Tel:	0879701840		
Email:	bernieconway@eircom.net		
Website:	www.counsellingandpsychotherapygalway.ie		
Professional Membership:	IACP		
Fee per session:	€60		
Length of session:	50mins		
Qualifications:	S.R.N Higher Dip in Pshchotherapy Dip clinical supervision		
Counselling services offered to:	Children:		
	Teenagers:	Yes	
	Adults:	Yes	
	Couples:		
	Other		
Therapeutic Approach:	Client Centred , Gestalt, Solution focused and some C.B.T approaches		
Therapeutic services	One to one client work with adults and teeagers Clinical supervision Organisational support		

Experienced in offering:	Counselling for parents of children with Down syndrome	yes
	Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome	yes
	Counselling for new parents who have recently had a baby with Down syndrome	yes
	Counselling for children with Down syndrome	
	Counselling for teenagers with Down syndrome	
	Counselling for adults with Down syndrome	
Other relevant information:		

Name:	Patricia Blighe	
Location of services offered:	Connaught Counselling Service Primary Care Centre Golf Links Rd., Roscommon	
Tel:	0868394323	
Email:	Patriciablighe@hotmail.com	
Website:		
Professional Membership:	IACP	
Fee per session:	€60	
Length of session:	1 hour	
Qualifications:	BSc in Counselling & Psychotherapy H.Dip. Health Promotion Qualified Childcare Worker Accredited Family Mediator	
Counselling services offered to:	Children:	Yes
	Teenagers:	Yes
	Adults:	Yes
	Couples:	Yes
	Other	
Therapeutic Approach:	Person centred approach, focusing therapy and solution focused therapy.	

Therapeutic services	Family mediation. Listening skills. Stress Control. One to one and family therapy. Mindful Psychotherapy. CBT		
Experienced in offering:	Counselling for parents of children with Down syndrome	no	
	Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome	no	
	Counselling for new parents who have recently had a baby with Down syndrome	no	
	Counselling for children with Down syndrome	no	
	Counselling for teenagers with Down syndrome	no	
	Counselling for adults with Down syndrome	no	
Other relevant information:	Experience of working with children with special needs in childcare settings. Accredited Family Mediator,		

Name:	Susan Slevin		
Location of services offered:	Co. Galway		
Tel:	085-8606441		
Email:	Susan@socialart.ie		
Website:	www.socialart.ie		
Professional Membership:	IACAT and IACP (student)		
Fee per session:	50 euro		
Length of session:	1 hour		
Qualifications:	MA Art Therapy Dip Person Centred Counselling/Psychotherapy (pending July 2019)		
Counselling services offered to:	Children:		
	Teenagers:	Yes	
	Adults:	Yes	
	Couples:		
	Other		
Therapeutic Approach:	Person Centred Counselling/ Psychotherapy and Art Therapy		
Therapeutic services	Counsellor for Learning Disability		

	Art therapy	
Experienced in offering:	Counselling for parents of children with Down syndrome	Yes
	Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome	Yes
	Counselling for new parents who have recently had a baby with Down syndrome	Yes
	Counselling for children with Down syndrome	
	Counselling for teenagers with Down syndrome	
	Counselling for adults with Down syndrome	Yes
Other relevant information:		

Name:	Aisling Reidy	
Location of services offered:	Galway City	
Tel:	087 6722395	
Email:	aisling@optimumhealth.ie	
Website:	www.optimumhealth.ie	
Professional Membership:	IAHIP & IACP	
Fee per session:	€60	
Length of session:	1 hour	
Qualifications:	MA Humanistic & Integrated Therapy (Clinical), Supervision, Couples therapy, trauma work, mindfulness facilitation, Jungian psychology & art therapy	
Counselling services offered to:	Children:	
	Teenagers:	Yes
	Adults:	Yes
	Couples:	Yes
	Other	
Therapeutic Approach:	Person centred and client based. Range of support from psychodynamic to CBT	

Therapeutic services	Psychotherapy, couples therapy, mindfulness, anxiety, depression, trauma, grief & bereavement, panic, loss, stress, fear, anger, relationship issues, self awareness and more.	
Experienced in offering:	Counselling for parents of children with Down syndrome	Yes
	Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome	Yes
	Counselling for new parents who have recently had a baby with Down syndrome	Yes
	Counselling for children with Down syndrome	
	Counselling for teenagers with Down syndrome	
	Counselling for adults with Down syndrome	Yes
Other relevant information:	Yoga teacher with experience working with many people with intellectual disabilities	

Name:	Mary Larkin	
Location of services offered:	1 st Floor. Primary Care Center Golflinks Road Roscommon	
Tel:	0876596790	
Email:	councillorlarkin@gmail.com	
Website:		
Professional Membership:	IACP	
Fee per session:	€50	
Length of session:	1 hour	
Qualifications:	B.Sc Psychotherapy and Counselling	
Counselling services offered to:	Children:	
	Teenagers:	Yes
	Adults:	Yes
	Couples:	Yes
	Other	

Therapeutic Approach:	Person Centred, CBT, Solution Focused		
Therapeutic services			
Experienced in offering:	Counselling for parents of children with Down syndrome	Yes	
	Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome	No	
	Counselling for new parents who have recently had a baby with Down syndrome	No	
	Counselling for children with Down syndrome	No	
	Counselling for teenagers with Down syndrome	No	
	Counselling for adults with Down syndrome	No	
Other relevant information:	Background in psychiatric nursing and family support.		

Name:	Allison Joyner	
Location of services offered:	Williamstown, Co Galway	
Tel:	087 927 6790	
Email:	allisonj@eircom.net	
Website:	n/a	
Professional Membership:	IACP (irish assoc of counselling & psychotherapy), IAHIP (irish assoc of humanistic and integrative psychotherapists), SAI (supervisors assoc of Ireland)	
Fee per session:	€65	
Length of session:	50 minutes	
Qualifications:	BA Counselling & Psychotherapy, MA Supervisory Practice, PG Certificate in Group Facilitation, PG Certificate in Jungian Psychology with Art Therapy	
Counselling services offered to:	Children:	No
	Teenagers:	18+
	Adults:	Yes
	Couples:	Yes
	Other	groups

Therapeutic Approach:	Humanistic (person-centred), existential approach.		
Therapeutic services	Individual, couple and group therapy. Personal development and well-being issues. Issues such as death, loss, grief, meaning, freedom, choice and responsibility.		
Experienced in offering:	Counselling for parents of children with Down syndrome	See below	
	Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome		
	Counselling for new parents who have recently had a baby with Down syndrome		
	Counselling for children with Down syndrome		
	Counselling for teenagers with Down syndrome		
	Counselling for adults with Down syndrome		
Other relevant information:			

Name:	Christina Somers	
Location of services offered:	Roscommon	
Tel:	(086) 8622249	
Email:	Christina.somers@hotmail.com	
Website:	None	
Professional Membership:	I.A.C.P.	
Fee per session:	€65	
Length of session:	1 Hour	
Qualifications:	B. Sc. Counselling & Psychotherapy Middlesex University Professional Certificate in Supervision Diploma in Counselling Trinity College Dublin Diploma in Counselling N.U.I. Maynooth	
Counselling services offered to:	Children:	No
	Teenagers:	Over 18s
	Adults:	Yes
	Couples:	Yes
	Other	

Therapeutic Approach:	Person-Centred approach with an eclectic blend of all other therapeutic theories.	
Therapeutic services	Qualified Yoga Teacher so also teach relaxation & mindfulness techniques in sessions with clients.	
Experienced in offering:	Counselling for parents of children with Down syndrome	Yes
	Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome	Yes
	Counselling for new parents who have recently had a baby with Down syndrome	Yes
	Counselling for children with Down syndrome	No
	Counselling for teenagers with Down syndrome	No
	Counselling for adults with Down syndrome	No
Other relevant information:		

Name:	Eileen Kelly		
Location of services offered:	Downhill Road, Ballina, Co. Mayo		
Tel:	087 2425245		
Email:	eileenkellymayo@hotmail.com		
Website:			
Professional Membership:	IACP		
Fee per session:	€60		
Length of session:	60 minutes		
Qualifications:			
Counselling services offered to:	Children:		
	Teenagers:	yes	
	Adults:	yes	
	Couples:	yes	
	Other		

Therapeutic Approach:	Psychodynamic, person centred, biodynamic, play CBT, DBT, ACT, mindfulness		
Therapeutic services	Counselling, Psychotherapy, massage, reflexology, reiki		
Experienced in offering:	Counselling for parents of children with Down syndrome		
	Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome		
	Counselling for new parents who have recently had a baby with Down syndrome	yes	
	Counselling for children with Down syndrome		
	Counselling for teenagers with Down syndrome		
	Counselling for adults with Down syndrome		
Other relevant information:	Also a trained nurse		

Munster

Name:	Áine Hutchinson MIACP MIAHIP
Location of services offered:	7 Fainne Crann, Cloughjordan Ecovillage, North Tipperary E53 YO33.
Tel:	087 292 1790
Email:	aine@hutchinson.work
Website:	https://aine.hutchinson.work
Professional Membership:	<p>IACP (Irish Association of Counselling and Psychotherapy)</p> <p>IAHIP (Irish Association of Humanistic and Integrative Psychotherapy)</p> <p>CORU (Social Work)</p>
Fee per session:	<p>60 euro.</p> <p>Approved provider with many Insurance Companies, who may cover counselling cost. Clients should check their policy.</p>
Length of session:	One hour. From 8am to 8pm. Weekend appointments also available.
Qualifications:	<p>Advanced Diploma In Humanistic and Integrative Psychotherapy and Counselling.</p> <p>MSC in Existential Psychotherapy. Diploma in Anatomy and Physiology.</p> <p>BA in Social Work</p>

Counselling services offered to:	<p>Children:No. Teenagers: Yes. Adults: Yes.</p> <p>Couples: Yes.</p> <p>Grandparents and Carers: Yes.</p>
Therapeutic Approach:	<p>Humanistic Integrative.</p>
Therapeutic services (please state the services you offer, including any specialist areas):	<p>One to one counselling, Mindfulness, Solution Focussed and Integrative</p> <p>Bodywork.</p> <p>Bereavement, Anxiety, Depression, Stress,</p> <p>Carer burnout, Addiction, Fertility and Sexuality Difficulties.</p> <p>Psychosocial and educational parental resourcing.</p>

<p>Down syndrome specific services. Do you have experience in offering:</p>	<p>Counselling for parents of children with Down syndrome: Yes - work in medical and community settings.</p> <p>Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome: Yes - support counsellor in National Maternity Hospital in FAU, SCBU and NICU upto 2010.</p> <p>Counselling for new parents who have recently had a baby with Down syndrome: Yes - as above, with follow up with national Early Intervention Services.</p> <p>Counselling for children with Down syndrome: None.</p> <p>Counselling for teenagers with Down syndrome None.</p> <p>Counselling for adults with Down syndrome: None.</p>
--	--

Name:	Maura O'Donovan		
Location of services offered:	Skibbereen, Co. Cork.		
Tel:	086-86 26 093		
Email:	mauraodonovan@yahoo.com		
Website:			
Professional Membership:	MIACP		
Fee per session:	€50		
Length of session:	One Hour		
Qualifications:	(B.A. (Hons) in Counselling & Psychotherapy. MIACP. Hearing Voices Group Facilitator, Dip CBT. Open Dialogue Facilitator		
Counselling services offered to:	Children:		
	Teenagers:		Age 16+
	Adults:		Yes
	Couples:		No
	Other		

Therapeutic Approach:	Person Centred - Rogerian. Humanistic		
Therapeutic services	Humanistic. Also work with those experiencing depression, anxiety, self harm, suicidal ideation/behaviour, voice hearers.		
Experienced in offering:	Counselling for parents of children with Down syndrome	No	
	Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome	No	
	Counselling for new parents who have recently had a baby with Down syndrome	No	
	Counselling for children with Down syndrome	No	
	Counselling for teenagers with Down syndrome	No	
	Counselling for adults with Down syndrome	No	
Other relevant information:			

Name:	EMILY JOHNSON		
Location of services offered:	DUNGARVAN, CO WATERFORD		
Tel:	086 2326968		
Email:	EMILYMHICEOIN@GMAIL.COM		
Website:			
Professional Membership:	IACP		
Fee per session:	€60		
Length of session:	1 HOUR		
Qualifications:	Grad Dip in Humanistic & Integrative Counselling and Psychotherapy; B Ed;		
Counselling services offered to:	Children:		
	Teenagers:	Yes	
	Adults:	Yes	
	Couples:	Yes	
	Other		

Therapeutic Approach:	Person Centred Humanistic		
Therapeutic services	Psychotherapy		
Experienced in offering:	Counselling for parents of children with Down syndrome	Yes	
	Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome	Yes	
	Counselling for new parents who have recently had a baby with Down syndrome	Yes	
	Counselling for children with Down syndrome	Yes	
	Counselling for teenagers with Down syndrome	Yes	
	Counselling for adults with Down syndrome	Yes	
Other relevant information:			

Name:	Darina Stoilova		
Location of services offered:	Waterford		
Tel:	089 440 0523		
Email:	D_stoilova@hotmail.co.uk		
Website:			
Professional Membership:	IACP		
Fee per session:	50 euro		
Length of session:	60 min		
Qualifications:	Diploma in Counselling & Psychotherapy, MS in Adolescent Psychotherapy (in training)		
Counselling services offered to:	Children:		
	Teenagers:	Yes	
	Adults:	Yes	
	Couples:		

	Other	
Therapeutic Approach:	Personal Centred, Integrative and Gestalt Relational Approaches	
Therapeutic services	1 to 1 counselling adults and adolescents Working with depression, anxiety, stress, posttraumatic stress disorder, developmental trauma, confidence issues, employment related issues, disability, parenting	
Experienced in offering:	Counselling for parents of children with Down syndrome	No
	Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome	No
	Counselling for new parents who have recently had a baby with Down syndrome	No
	Counselling for children with Down syndrome	No
	Counselling for teenagers with Down syndrome	No
	Counselling for adults with Down syndrome	No
Other relevant information:	BH(s) Applied Social Studies in Social Care, years of experience working in the area of disability and social care, supporting people with disabilities and their families	

Name:	Eileen English	
Location of services offered:	Blenaleen, Grangemockler, Carrick-on-Suir, Co Tipperary. Covering south Tipperary, St Kilkenny and East Waterford	
Tel:	086 8387561	
Email:	eileen.english1@gmail.com	
Website:		
Professional Membership:	MIACP	
Fee per session:	€60	
Length of session:	1 hour,	
Qualifications:	Fully Accredited member IACP, BSc in Counselling and Psychotherapy, (Middlesex University) Dip. in Disability Studies, (UCC,) Level 9 in Children and Loss, (Royal College of Surgeons Irl) Cert. in Psychology, (NUIM,) Training & Development Special Purpose Award, Cert. in Jungian Psychology, (NUIL.)	
Counselling services offered to:	Children:	Yes
	Teenagers	Yes

	Adults:	Yes
	Couples:	
	Other	Group
Therapeutic Approach:	Person - Centred, CBT, Psychodynamic, Structured/Brief, Integrative and Creative Art.	
Therapeutic services	Developed and delivered bespoke programme for teenagers and adults with Down Syndrome. Modules delivered using various creative means e.g. puppets, pictures, games and interactive conversations.	
Experienced in offering:	Counselling for parents of children with Down syndrome	Yes
	Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome	Yes
	Counselling for new parents who have recently had a baby with Down syndrome	Yes
	Counselling for children with Down syndrome	Yes
	Counselling for teenagers with Down syndrome	Yes
	Counselling for adults with Down syndrome	Yes
Other relevant information:	Worked as Specialist Counsellor with DSI, currently work one to one with young Adults and children with Down Syndrome across Ireland	

Name:	Jennifer Barton	
Location of services offered:	11 Marlboro Street, Cork	
Tel:	087 6410999	
Email:	Jenniferbarton.counsellor@gmail.com	
Website:	www.jenniferbarton.org	
Professional Membership:	IACP	
Fee per session:	60 Euros	
Length of session:	55 minutes	
Qualifications:	BA in Counselling & Psychotherapy 1 st class honours (DBS in 1994) MA in Integrative Psychotherapy (expected to graduate Oct 2019) Gottman Couple Therapy (Levels 1 to 3 completed) Group Facilitation Level 6 QQI BBS with German MSc by Research in Consumer Behaviour	
Counselling services offered to:	Children:	No

	Teenagers:	16 +
	Adults:	Yes
	Couples:	Yes
	Other	
Therapeutic Approach:	Humanistic - Person Centred, Psychodynamic/Relational, Existential	
Therapeutic services	Variety of issues, including but not limited to anxiety, depression, self-harm, health-related issues, bullying, relationship issues, work-related issues, bereavement and loss, and trauma.	
Experienced in offering:	Counselling for parents of children with Down syndrome	Yes
	Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome	No
	Counselling for new parents who have recently had a baby with Down syndrome	No
	Counselling for children with Down syndrome	No
	Counselling for teenagers with Down syndrome	No
	Counselling for adults with Down syndrome	Yes
Other relevant information:		

Name:	Louise Lyons	
Location of services offered:	Ennis Therapy Centre - No.16 Carmody Street Business Park, Carmody Street, Ennis, Co. Clare	
Tel:	085 8376494	
Email:	louise@trinitytherapy.ie info@ennistherapycentre.ie	
Website:	www.trinitytherapy.ie www.ennistherapycentre.ie	
Professional Membership:	Accredited member of the Irish Association of Humanistic and Integrative Psychotherapy (I.A.H.I.P.)	
Fee per session:	€60	
Length of session:	1 hour	
Qualifications:	Diploma in Biodynamic Psychotherapy Diploma in Play Therapy Qualification in clinical hypnotherapy Certificate in Cognitive Behavioural Therapy	
Counselling services offered to:	Children:	Yes

	Teenagers:	Yes
	Adults:	Yes
	Couples:	No
	Other	
Therapeutic Approach:	Client-centred using a variety of tools, depending on what best suits the need of the client. These therapeutic approaches include; creative arts, hypnotherapy, play therapy, cognitive behavioural therapy, biodynamic massage, mindfulness/meditation, sand tray therapy.	
Therapeutic services	Adult and adolescent counselling and psychotherapy and play therapy for children. Hypnotherapy for adult clients.	
Experienced in offering:	Counselling for parents of children with Down syndrome	Yes
	Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome	No
	Counselling for new parents who have recently had a baby with Down syndrome	No
	Counselling for children with Down syndrome	Yes
	Counselling for teenagers with Down syndrome	No
	Counselling for adults with Down syndrome	No
Other relevant information:		

Name:	Mary Keane
Location of services offered:	Ennis, Co. Clare.
Tel:	0872989145
Email:	Anamcharapsychotherapy@gmail.com
Website:	
Professional Membership:	IACP, IAHIP, IAS, IGS
Fee per session:	€60 negotiable
Length of session:	1 Hour Approx.
Qualifications:	Higher Dip Gestalt Therapy UCC 1998 Dip in Psychology of Counselling NUIG 1995 Certificate in Practice & Process of Supervision MRCS 2007 Diploma in Essential Trainer Skills & Contemporary Issues NUIG 2014.

Counselling services offered to:	Children:	No
	Teenagers:	No
	Adults:	Yes
	Couples:	Yes
	Other	Groups - Group Therapy
Therapeutic Approach:	Humanistic, Integrative, Creative Therapy, CBT.	
Therapeutic services	Specialist area is Loss.....	
Experienced in offering:	Counselling for parents of children with Down syndrome	No
	Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome	No
	Counselling for new parents who have recently had a baby with Down syndrome	No
	Counselling for children with Down syndrome	No
	Counselling for teenagers with Down syndrome	No
	Counselling for adults with Down syndrome	No
Other relevant information:		

Name:	Eilish O'Hanlon
Location of services offered:	Ashdale House, Blarney, Co. Cork.
Tel:	086 0632898
Email:	eohanlon16@gmail.com
Website:	
Professional Membership:	IACP & Teaching Council of Ireland
Fee per session:	€60
Length of session:	One hour
Qualifications:	Masters in Integrative Psychotherapy. BA (Hons) Integrative Psychotherapy. EMDR Therapist.

Counselling services offered to:	Children:	No
	Teenagers:	Yes
	Adults:	Yes
	Couples:	Yes
	Other	
Therapeutic Approach:	Integrative Relational Person Centred. Person Centred, TA, Gestalt, Relational Psychotherapy, Attachment & Developmental Theory, Grief & Loss Theory, Trauma & Neuroscience Findings and EMDR.	
Therapeutic services	Work with a broad range of issues: relationship issues, relational trauma, depression, self harm, suicidal ideation, abuse, childhood/development issues, eating issues, grief, loss, work related issues, bullying, stress, anxiety, coping with illness and with people in recovery from addiction. Specialise in Trauma Therapy.	
Experienced in offering:	Counselling for parents of children with Down syndrome	No
	Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome	No
	Counselling for new parents who have recently had a baby with Down syndrome	No
	Counselling for children with Down syndrome	No
	Counselling for teenagers with Down syndrome	No
	Counselling for adults with Down syndrome	No
Other relevant information:	Broad experience in working with Parents. Specific training in early childhood education.	

Name:	Johanna Treacy
Location of services offered:	Ennis & West Clare (Kilkee)
Tel:	0860829907
Email:	Johannatreacy@eircom.net
Website:	
Professional Membership:	IACP/ICP/IAHIP/MII
Fee per session:	€60.00
Length of session:	1 hour
Qualifications:	

	Psychotherapist, Career Counsellor, Life & Business Coach, Clinical Hypnotherapist / Family Mediator / Organisational Mediator / Trainer	
Counselling services offered to:	Children:	Y
	Teenagers:	Y
	Adults:	Y
	Couples:	Y
	Other	Work / Group Supervision
Therapeutic Approach:	Kindness (humanistic)	
Therapeutic services	Grief/loss. Addiction Anxiety Depression	
Experienced in offering:	Counselling for parents of children with Down syndrome	Y
	Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome	Y
	Counselling for new parents who have recently had a baby with Down syndrome	Y
	Counselling for children with Down syndrome	N
	Counselling for teenagers with Down syndrome	N
	Counselling for adults with Down syndrome	N
Other relevant information:		

Name:	Elixabete Guruceaga O'Leary
Location of services offered:	Killarney
Tel:	087 9020615
Email:	gelixabeta@hotmail.com
Website:	www.kerrypsychotherapy.blogspot.com
Professional Membership:	IACP
Fee per session:	€30-€50
Length of session:	1 hour
Qualifications:	BSc (Hons) Counselling and Psychotherapy

Counselling services offered to:	Children:	
	Teenagers:	
	Adults:	Yes
	Couples:	
	Other	Parenting support sessions
Therapeutic Approach:	Humanistic and Person Centred approach	
Therapeutic services	Also practice a Psychodynamic approach depending on what emerges for the client.	
Experienced in offering:	Counselling for parents of children with Down syndrome	No
	Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome	No
	Counselling for new parents who have recently had a baby with Down syndrome	No
	Counselling for children with Down syndrome	No
	Counselling for teenagers with Down syndrome	No
	Counselling for adults with Down syndrome	No
Other relevant information:	Keen interest in working with parents/guardians/siblings of these present issues	
Name:	Natasha Murphy	
Location of services offered:	"Dervish" Cornmarket St. Cork. (city centre)	
Tel:	087 4347587	
Email:	Natashamurphy359@gmail.com	
Website:		
Professional Membership:	IACP	
Fee per session:	50 euro	
Length of session:	1 hour	

Qualifications:	BSc in Counselling & Psychotherapy. BSc in Intellectual Disability Nursing.	
Counselling services offered to:	Children:	
	Teenagers:	
	Adults:	Yes
	Couples:	
	Other	
Therapeutic Approach:	Integrative and humanistic. Also offer solution focused when requested.	
Therapeutic services	Previously worked as an intellectual disability nurse	
Experienced in offering:	Counselling for parents of children with Down syndrome	Yes
	Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome	
	Counselling for new parents who have recently had a baby with Down syndrome	Yes
	Counselling for children with Down syndrome	
	Counselling for teenagers with Down syndrome	
	Counselling for adults with Down syndrome	
Other relevant information:		

Ulster

Name:	Maureen Browne
Location of services offered:	Dungloe, Co. Donegal
Tel:	0877548732
Email:	Maureenbrowne8@hotmail.com
Website:	
Professional Membership:	IACP
Fee per session:	€50
Length of session:	1 hr
Qualifications:	Diploma in Counselling,Accreditaton with IACP

Counselling services offered to:	Children:	
	Teenagers:	
	Adults:	Yes
	Couples:	
	Other	
Therapeutic Approach:	Person centred trained with continued professional practice to provide integrative approach.	
Therapeutic services	Qualified and practicing physical complementary therapist. Therapies include: massage, reflexology, indian head massage, and yoga teacher	
Experienced in offering:	Counselling for parents of children with Down syndrome	Yes
	Counselling for expectant parents who have received a pre-natal diagnosis of Down syndrome	Yes
	Counselling for new parents who have recently had a baby with Down syndrome	
	Counselling for children with Down syndrome	
	Counselling for teenagers with Down syndrome	
	Counselling for adults with Down syndrome	
Other relevant information:	Experience working as an assistant with Special Olympics.	