



Promoting Brain Health

The webinar linked below is called “Promoting Brain Health Across the Lifespan for Individuals with Down Syndrome” and was produced earlier this year by the NDSS with Dr Brian Chicoine.

[Promoting Brain Health for Adults with Down syndrome.](#)

Any webinar on this topic will cover the high risk of Alzheimer’s dementia, but this webinar also talks about what we can do to promote brain health given the information we have now. It contains excellent general information for families or professionals who have an adult with Down syndrome in their life.

One of the recurring themes in the webinar is the need for more research.

We are working with UCC on a project looking at language and literacy baselines for adults aged 35+.

We are also linking with Trinity and the National ID memory clinic to support recruitment and disseminate information for various projects.

If you would like to get involved with research in Ireland, look at the research section on our website: <https://downsyndrome.ie/our-work/research/> or contact nicola@downsyndrome.ie