



Annual Report 2025

Easy Read Version



Together, We Go Further.

Annual Report



**Down
Syndrome
Ireland**

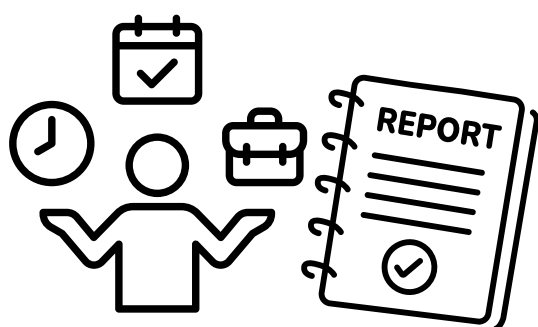
This is Down Syndrome Ireland's Annual Report for 2025.

DSI

DSI means Down Syndrome Ireland.



To find out more look at the full annual report.

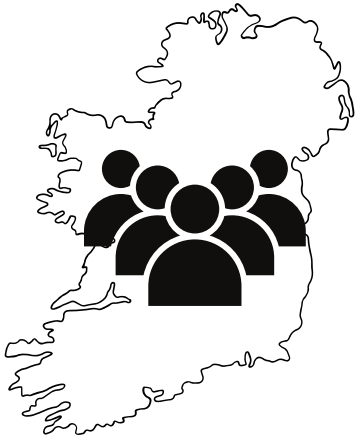


An Annual Report tells people about the work DSI did during the year.



DSI supports people with Down syndrome and their families all through their lives.

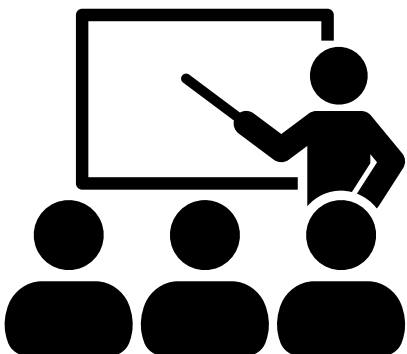
2025 in Numbers



In 2025, DSI had **3,500** members in the **25** branches in Ireland.



73 more people got paid jobs.



124 members got pre-employment and interview training.

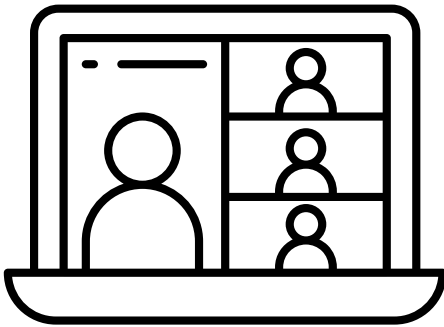


DSI worked with more than **60** new employers.

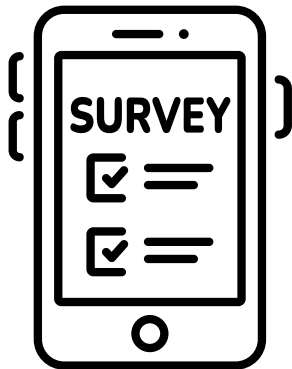
2025 in Numbers



2,021 people received individual speech and language support.



610 people attended education webinars and seminars.



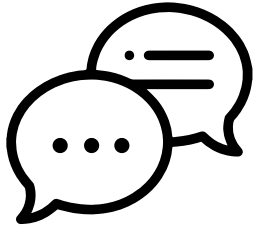
More than **300** people shared their views on health.



There were **52** support group meetings.

Down Syndrome Ireland's

5 Main Points



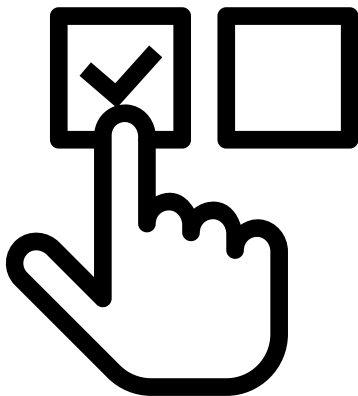
1. Your voice matters.



2. DSI can support you at different times in your life.



3. DSI is helping more people with Down syndrome get paid jobs.



4. DSI is helping members to have more choice and independence.



5. DSI speaks up when things need to change.

National and Regional Advisory Councils in 2025



The National Advisory Council (NAC) is a group of adults with Down syndrome.



The NAC tell DSI about things they want done.



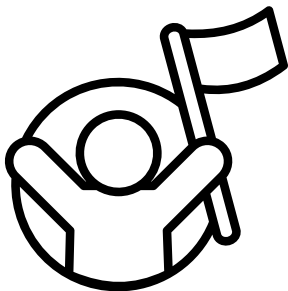
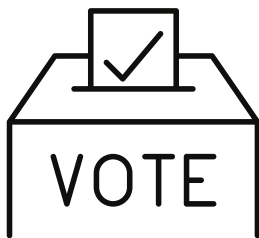
The NAC meet the Government to tell them what things need to be done.



There are also Regional Advisory Councils (RACs) around Ireland.

National and Regional Advisory Councils in 2025

In 2025, the NAC and RACs spoke about important things like:



- transport;
- disability rights;
- voting;
- education;
- independence;
- and Government decisions.

These are the things the Advisory Council members worked to change:



Transport



The NAC worked with the National Transport Authority on the **My Journey, My Way** project.



Members helped develop Easy Read information about bus routes.



Twelve members did a Mystery Travel project and gave feedback about public transport.



Voting



The NAC worked with the Electoral Commission to encourage people with Down syndrome to vote and use their voice.



The Electoral Commission gives people information about voting.



Conor O'Donnell helped the Electoral Commission with their work.

Members also helped with Easy Read information on voting and elections.



Talking to Government



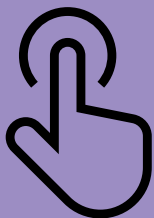
Members met with the Government and other decision-makers.



The NAC spoke to Tánaiste Simon Harris about important issues.



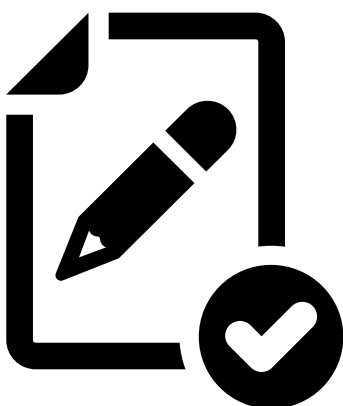
Some of the issues they talked about were included in the 'National Human Rights Strategy for Disabled People 2025–2030'.



Making Information Accessible



The NAC worked with DSI staff on research and Easy Read information.



The NAC reviews important resources produced for members before they are published.



For more information on the work of the National and Regional Advisory Councils, go to www.downsyndrome.ie

DSI Support



DSI also helped people and families with:



- Speech and Language



- Education

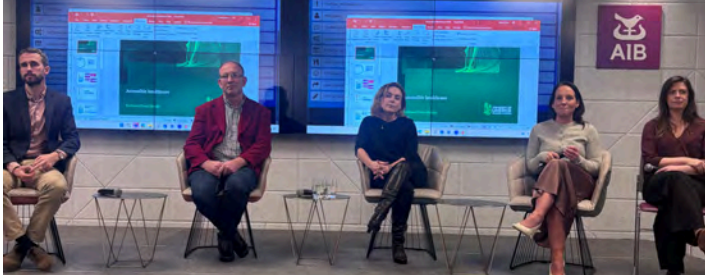


- Adult Education



- Employment

DSI Support



- Health information



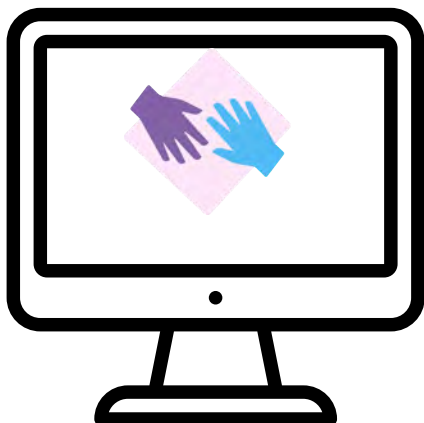
- Advocacy



- Support with becoming more independent



- Opportunities to take part in community life



DSI also provides information and support to families, teachers, employers and other professionals.

Member Story: Conor



Conor went to college where he learned new things and became more independent.



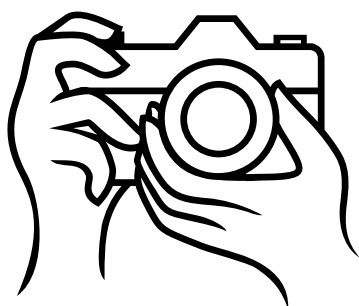
Conor is on the Louth Meath RAC. He helps speak up about important issues.



Conor travels by bus and train and worked on **My Journey, My Way** with DSI.



Conor enjoys going to the cinema on his own and is a photographer.

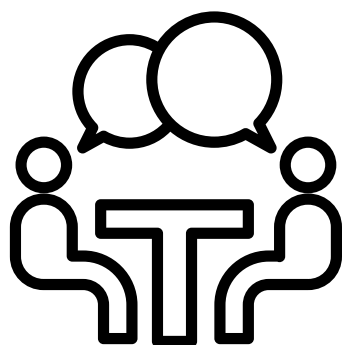


Conor wants to use his photographs to make products and start his own business.

Member Story: Stephen



Stephen wanted to work again after taking a break from work.



Stephen met with a DSI Employment Officer and talked about the jobs he liked.



Stephen did work training, including barista training, and applied for a job at Lidl.

DSI helped Stephen prepare for his interview, and he got the job.



Stephen is proud of his job and enjoys spending his own money on things like holidays, the theatre and shopping.

Member Story: Elisha



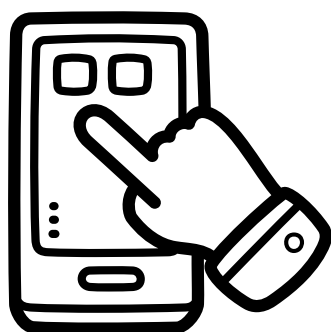
Elisha is 18 and wants to be more independent.



Elisha's family found DSI's Benefits and Entitlements Guide.



They found out that Elisha could apply for more financial support.

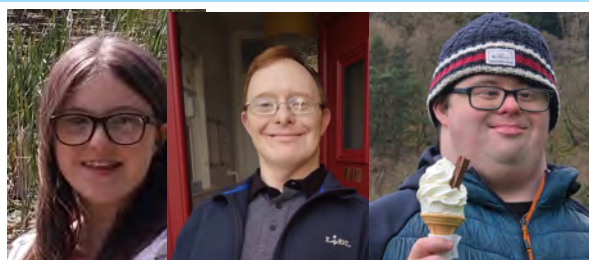


DSI helped Elisha's family with the application.



Elisha got extra financial support. She said it made a big difference.

Contact



The people in these stories got support from DSI.



Did you get support from DSI?



Would you like to share your story?

Email:

communications@downsyndrome.ie

Contact



You can get information on
www.downsyndrome.ie.



You can call DSI on
(01) 426 6500



You can email DSI on
info@downsyndrome.ie





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